

Whole school activities provide a wonderful focus for SunSmart and an ideal opportunity to highlight the issue of skin protection to the school community.

A SunSmart theme day can be incorporated into the school fete, school sports, summer festivities or planned as a separate fun day.

Cancer Council Western Australia can help make your day more successful and exciting by providing limited quantities of brochures, stickers, posters etc. Your school can even hire Sid Seagull to appear at the event (although you will need a willing teacher or parent to be Sid!). Advance bookings may be required over our busy summer months.

1. SunSmart Hats

Hat making with a difference! Mix up the age groups so that younger and older children can work together. Give each group some hat making equipment and different material so that the end products are varied. Prizes can be given for the most outrageous hat, most colourful hat and of course the most SunSmart hat.

2. SunSmart Hat Parade

Have students wear a hat they have made at school or bring a hat from home. Emphasise that these hats must protect the face, neck and ears. Encourage fancy decorations. Invite parents to watch the parade and interview some children about their hats and the reasons why they are SunSmart. Give prizes or certificates for the most interesting hats. This activity can be a lot of fun for students, teachers and parents, as well as providing some great photographs!

3. Hattslotto

Give all students, teachers and parents wearing SunSmart hats a raffle ticket. The School Council could organise distribution of the tickets. You could have small prize draws throughout the day or a larger one later in the day. Don't let anyone collect prizes unless they are wearing a hat.

4. Creating Colour

Organise an art session focussing on SunSmart and '*Sid Seagull*'. Hold the activity in the shade and encourage children to create their own 'Shady Characters'. Display finished art around the school.

5. SunSmart Skittles

Label skittles or plastic bottles with a SPF number. Play the game and let the highest score win!

6. Shady Lady

This game is a variation of the old favourite 'musical chairs'. Play some lively music and have the children skip about. Anyone not in the shade when the music stops is out.

7. Plant Some Shade Trees

Tree planting is a very useful activity for a SunSmart Fun Day and an investment in the future for your school. Small groups of children can work with parents or teachers and plant shade trees in designated areas. Students can 'own' these trees and be responsible for looking after them throughout the year.

8. SunSmart Mural

Walls and fences are ideal places for a SunSmart mural. Stick large sheets of white paper or cheap white cloth to the chosen surface and provide paints and a roster for each class. Groups of children working with an adult can

paint a SunSmart scene at the beach, school, or in their local neighbourhood. The mural can be planned or just evolve. Either way, it's a great activity to promote the SunSmart message.

9. Dance to the Music

Use SunSmart songs and jingles throughout the day as the 'school bell' or as part of dance activities with lower primary years.

10. SunSmart Tabloid

Arrange a number of tabloid stations with a SunSmart theme. For example:

- Skittles with sunscreen bottles
- Quoits where you must throw a hat
- Dress-up relay using a long-sleeved shirt, hat, sunglasses and zinc
- An Umbrella Obstacle Race – the contestant must run around a given point whilst balancing an open umbrella on their hand and several hats on their head.

Where possible schedule outside activities earlier or late in the day when UVR levels are lower and where possible below 3. To reinforce the SunSmart message, try to hold outdoor activities in the shade or at least provide shade for participants. Invite students, parents and staff to come along in SunSmart gear – SunSmart hats, long sleeved/collared shirt, sunglasses and sunscreen.

11. SunSmart BBQ Lunch

Have a 'Sizzle a Sausage Not Yourself BBQ' as part of your fun day. Hold the BBQ under shelter to further promote the SunSmart message. Alternatively, have a SunSmart picnic lunch under shady trees.

12. SunSmart Promotional Stall

Display SunSmart posters, brochures, catalogues and general information for parents to browse through and take home. Cancer Council WA can provide limited quantities of these for free or at low cost.

13. Face Painting

Have face painting as a small group activity during your theme day. Zinc sticks in bright colours are very popular with most primary school children.

14. SunSmart Banners

SunSmart slogans and posters look wonderful on large banners. Have the children design and make eye-catching displays. A collage approach can be used to create a banner. When finished, the banner can be displayed in classrooms, foyers, halls or passages. Use your copy of *SunSmart Tips for Newsletters* for slogan ideas.

15. SunSmart Flag

Hold a design competition for a SunSmart flag. The winning design can be made up into an actual flag and used in the school over summer months. Make sure the winning design incorporates all the essential elements of SunSmart—Slip Slop Slap Seek Slide!

16. Get Some Press Coverage

Invite the local newspaper to your SunSmart Theme Day and assure them there will be many 'photo opportunities' available.

17. Create Some Drama

SunSmart songs, skits, poems and plays can be part of your day. Allow students to write and perform items based on the SunSmart theme.

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