

SunSmart activities 4 Sun Smarties

Now that's a SunSmart Hat

'Now That's a Hat' by Heath McKenzie is a hilarious rhyming story with vibrant illustrations about finding the right hat.

My SunSmart hat is not too small, too holey, or too bright. It is wide-brimmed and shady which is just right!

Curriculum areas: English, The Arts & Design and Technology.

Task: Design and make a SunSmart hat that will pass the SunSmart Hat Test.

Rules: To pass the SunSmart Hat Test, it must provide shade to the face, neck, ears and crown of the head.

Materials: Craft supplies, recycled materials and glue/sticky tape.

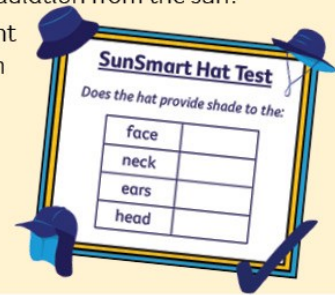


Instructions:

1. Explore and research different types of hats. Have students bring in a hat from home.
2. Do a SunSmart Hat Test: Does it provide shade to the face, neck, ears and crown of the head? Use a torch from above as the 'sun' to test for shaded vs exposed skin.
3. Draw a SunSmart hat design and label its SunSmart features.
4. Turn your design into a hat! Using recycled and craft materials to make your SunSmart hat.
5. Once finished do another SunSmart Hat Test.
6. Celebrate! Show off your SunSmart hats at your next school assembly or email photos to the SunSmart Team at sunsmart@cancercwa.asn.au

Key Questions:

1. What makes a hat SunSmart?
2. Why do we need to wear hats?
3. Why is shade so important?
4. What other ways can you protect yourself from ultraviolet radiation from the sun?
5. Why is it important to wear sunscreen as well as a hat?



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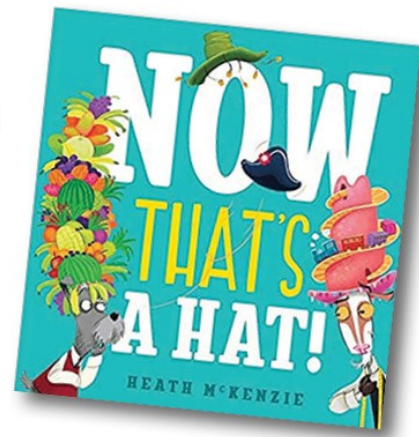
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