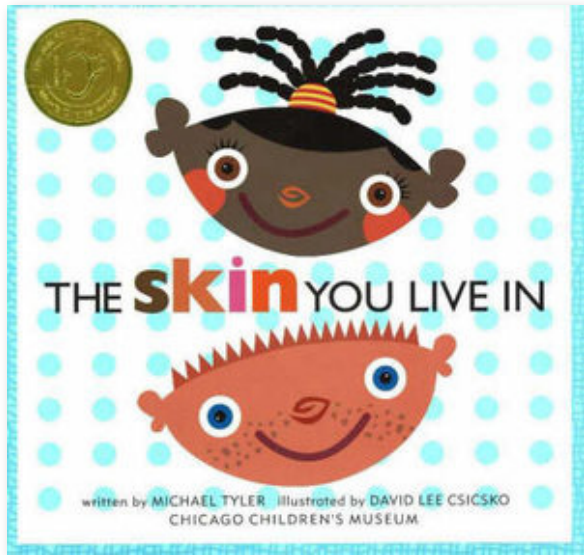


SunSmart Literature Activity Sheet.

The Skin You Live In, Michael Tyler & David Lee Csicsko



Celebrates differences and similarities no matter what skin we are in.

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Shady Picnic

Create a shady tent using sheets, pegs and string. Lay out a rug and share a picnic with friends while protecting your skin in the shade.

Role Play Sunscreen

Watch how to [apply sunscreen video](#). Practice applying sunscreen to dolls using or sunscreen/ moisturiser to role play applying sunscreen.

Play Dough

Print the face template on page two. Create different facial expressions using play dough, a range of recycled and nature materials. Have a mirror handy!

Animal Sun Protection

Animals have skin and also protect themselves from the sun. Using photos of different animal coverings and discuss how different animals protect themselves from the sun. For example, insects hide under leaves and desert animals in tunnels in the sand.

Five Ways

Draw five ways you can protect your skin when going outside. Stick them up around your classroom or service.

Our Skin

Using a magnifying glass children examine their own skin for different characteristics, such as freckles, scars or scratches.

Taking Care of Your Skin

Using A3 poster paper, draw a picture of you and your beautiful skin in the middle of the page. Using small cut out pieces of paper, write all the different ways you can protect your skin.

Protect yourself in **five ways** from skin cancer



SLIP



SLOP



SLAP



SEEK



SLIDE



Instructions

- Print onto a variety of skin colour paper.
- Laminate for durability - optional.

